

# Controversies & Conversations in Laser and Cosmetic Surgery *An Advanced Symposium*

Jointly sponsored by:  
SkinCare Physicians and Northwestern University's Feinberg School of Medicine

SKINCARE PHYSICIANS™



Fairmont Southampton  
Southampton, Bermuda

August 14-16, 2009

[www.skincarephysicians.net](http://www.skincarephysicians.net)

## *Course Directors*

**Kenneth A. Arndt, MD**

SkinCare Physicians  
Yale Medical School  
Dartmouth Medical School  
Harvard Medical School

**Jeffrey S. Dover, MD, FRCPC**

SkinCare Physicians  
Yale Medical School  
Dartmouth Medical School

## *Associate Course Directors*

**R. Rox Anderson, MD**

Harvard Medical School  
Massachusetts General Hospital

**Murad Alam, MD**

Northwestern University's  
Feinberg School of Medicine

Controversies & Conversations  
in  
Laser and Cosmetic Surgery  
*An Advanced Symposium*

August 14-16, 2009

Each year sees the development of many new lasers and light sources, skin tightening devices, relaxers, fillers, and other cosmetic interventions, each with proponents and opponents. The claims and disclaims that follow the development of these devices is often contradictory. Marketing often precedes the availability of good information about their efficacy and risks. A faculty of distinguished speakers will present their views and develop a consensus on many of these controversies and other emerging areas. "Controversies" offers participants a unique opportunity to discuss these controversial topics in a collegial atmosphere with a large group of experts in the field.

This course will be of benefit to beginner and experienced laser and aesthetic surgeons, dermatologists, plastic surgeons, otolaryngologists, ophthalmologists, oculoplastic surgeons, and other health care personnel interested in the current status of cutaneous and cosmetic surgery.

#### LEARNING OBJECTIVES

Identify and manage the spectrum of cosmetic and functional skin conditions treatable with energy-based devices.

Determine optimum therapy of choice for noninvasive treatment of pigmentary and vascular cutaneous lesions, photoaging, and face and body chronologic aging.

Explain to patients the rationale for use of chosen laser or aesthetic surgical treatments, interpret what has been written in the scientific literature to wording understandable to a layperson, and recommend appropriate interventions for their concerns.

#### FORMAT

The controversial issue will be presented at the start of each discussion. Selected faculty members will then be given a finite period of time to present their view. Other faculty will be asked to comment on the presentations. This will be followed by an open discussion, led by Drs. Dover, Arndt, Anderson and Alam. Both the faculty, as well as members of the audience, will be encouraged to challenge each other's opinions in a lively, no holds barred discussion. The last presentation each morning will feature challenging therapeutic problems and late breaking "Hot Topics". Participants and faculty are invited to bring along slides of difficult cases. Throughout the seminar, there will be ongoing discussions among the expert faculty and the participating clinicians about current trends and state-of-the-art techniques in cutaneous and aesthetic surgery.

## CONTROVERSIES AND CONVERSATIONS

- \* Non surgical “skin tightening”-Safe and Effective?
- \* Lasers and lights for vascular lesions, a hotbed of new developments?
- \* How can one choose amongst the myriad fractional laser resurfacing procedures?
- \* Treatment of scarring; How do all the new technologies stack up?
- \* Botox A, B, Reloxin -. Does it really make a difference?
- \* Light emitting diodes: Why so little good data after so many years?
- \* Dermal and volume fillers: Many new and emerging substances to choose from - what do they add?
- \* Non and minimally invasive body shaping: How close are we to reliable effective treatments?
- \* Acne treatment with lasers, lights and PDT; How can we make them work better and more consistently?
- \* Photodynamic therapy; Will it hit its stride anytime soon?
- \* Are there new and better ways to insert or remove pigment, including tattoos, from the skin?
- \* PPX and Skin Flattening: What’s all the excitement about suction?

## SCHEDULE

### Friday, August 14, 2009

7:00 am – 8:00 am	Registration and Continental Breakfast
8:00 am – 12:00pm	Discussion of Controversies
6:00 pm – 8:00 pm	Reception for Faculty, Participants, Families & Friends

### Saturday, August 15, 2009

7:00 am – 8:00 am	Continental Breakfast
8:00 am – 12:00 pm	Discussion of Controversies

### Sunday, August 16, 2009

7:00 am – 8:00 am	Continental Breakfast
8:00 am – 12:00 pm	Discussion of Controversies

## FAIRMONT SOUTHAMPTON

Imagine shimmering turquoise seas, powdery pink sand beaches, exotic tropical gardens and spectacular sunsets, and you have envisioned the breathtaking landscape surrounding The Fairmont Southampton resort in Bermuda. Relax beneath a rainbow of umbrellas at the private Beach Club, hit the links for a round of golf, grab your racket for a tennis match, snorkel your way around the reefs, ride the waves on a jet ski, explore the island on your scooter and enjoy the fascination that is Bermuda. Bermuda is only 21 square miles of land, but it holds enough spectacular attractions to keep you busy for days. Whether you explore the Bermuda Aquarium, Natural History and Zoo, Dolphin Quest, or the Historical British Forts, there is something of interest for all ages. The award-winning golf course is designed by Theodore Robinson, and the Willow Steam Spa is a unique experience with a holistic approach to health and healing. The Children’s Activity Center is a daily drop-in program for children ages 5 years and up. The Explorer’s Camp offers a wide variety of activities from sporting events or scavenger hunts for kids of all ages. For more info, go to <http://www.fairmont.com/southampton>

## GENERAL INFORMATION

### ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Northwestern University's Feinberg School of Medicine and Skincare Physicians. Northwestern University's Feinberg School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The Northwestern University's Feinberg School of Medicine designates this educational activity for a maximum of 10.5 *AMAPRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The American Academy of Dermatology certifies that this educational activity has been recognized for 11 hour(s) of AAD Category 1 credit and may be used toward the American Academy of Dermatology's Continuing Medical Education Award. The program number is 1123-100.

### REGISTRATION INFORMATION

**Attendee Tuition: \$1,195.00 Early Bird Fee (until May 31, 2009); \$1,295.00 Late Fee (after May 31, 2009). Residents/Fellows in Training and Allied Health Professionals: \$695.00**

Please make check payable to *Masters Program in Laser Education* (credit cards welcome) and mail with application form to Northwest Registration Services, 1894 SE Sedgwick Rd #228, Port Orchard, WA 98366. All foreign payments must be made by a draft on a United States bank. Inquiries should be directed to the program Administrators at (617) 848-1647, or by email, at [Controversies@skincarephysicians.net](mailto:Controversies@skincarephysicians.net). For more info, please go to: [www.skincarephysicians.net](http://www.skincarephysicians.net)

### TUITION REFUND POLICY

A handling fee of \$100 is deducted for cancellation. Refund requests must be received by mail one week prior to the course. No refunds will be made thereafter.

### COURSE LOCATION

All sessions will be held at Fairmont Southampton, 101 South Shore Road, Southampton, Bermuda, Telephone: (866) 540- 4497 or (441) 238-8000 Fax: (441) 238-8968 [www.fairmont.com/southampton](http://www.fairmont.com/southampton)

### ACCOMMODATIONS

**IMPORTANT NOTICE!!** The Controversies Symposium has a contractual obligation to fill a guaranteed block of rooms at Fairmont Southampton. Financial penalties will be assessed should The Controversies Symposium fall short of the expected number of guest rooms committed. Therefore, we ask that if you desire to stay at Fairmont Southampton, please call the hotel directly or make your room reservation on the hotel webpage and mention you are with the SkinCare Physicians/Controversies group. Regretfully, we will not receive credit for your sleeping room reservation if it is made by a travel agent. We appreciate your support of Controversies' financial obligations.

A limited number of rooms have been reserved at Fairmont Southampton until **Friday, July 10, 2009**. However, due to the overwhelming response to this conference, the resort will likely sell out prior to this date. To make a hotel reservation, please call the Fairmont 24 hr. Global Reservation Centre at (800) 441-1414 and PLEASE identify yourself as part of the "Skin Care Physicians/Controversies" Symposium to receive our reduced conference room rate. Or, go to this link to book your reservation online: <https://resweb.passkey.com/go/skincare>.

## CONFERENCE ROOM RATES

Room Type	Single / Double
Run of House Room	\$296. / \$303.
Fairmont Gold Room	\$396. / \$403.
Junior Suite	\$446. / \$453.
One Bedroom Suite	\$592. / \$599.

The Rates listed above are based on single and double occupancy and include the \$7.00 per person resort fee. The Rates above do not include Bermuda Government tax of 7.25% which is charged on the room and resort levy. Rates do not include the daily per person gratuities of \$10.00 for Moderate, Fairmont, Deluxe, or Junior Suite, \$12.00 for Fairmont Gold rooms, \$11.00 for suites, \$15.00 for Duplex, and \$20.00 for Penthouse. Tax, gratuities and resort levy are subject to change. The Fairmont Southampton is pet friendly and charges \$30/nt for your pet.

### **ADDITIONAL ROOM OCCUPANTS:**

A third adult sharing is an additional \$30.00 per night and must pay daily gratuities of \$10.00 (for Moderate, Fairmont, Deluxe or Junior Suite) and the daily resort levy of \$7.00. Room rate, meal plan and resort levy are exclusive of 7.25% tax. Children 18 years and under sharing their parents' accommodation are complimentary, however they are subject to daily gratuities and the daily resort levy. Children 5 years and under pay no resort levy but must pay gratuities. Maximum occupancy is four (4) persons per room.

Cancellation of individual reservations made up to 72 hours prior to arrival will be accepted, and the deposit refunded for those rooms for the full night's stay.

ADDED VALUE: Why not turn the symposium into a vacation? Extend your stay with us...the symposium rates will be offered 3 days prior and 3 days after the symposium dates.

*Don't forget to sign up for the Fairmont President's Club membership in advance. As a benefit, you will receive a free upgrade (if available), free internet access and free local calls.*

## **GOLF**

To reserve your tee times in advance, please contact their Golf Pro Shop at (441) 238-8000. To review green fees, club rentals and all other related golf items, please go to [http://www.fairmont.com/EN\\_FA/Property/SHP/Recreation/Golf/](http://www.fairmont.com/EN_FA/Property/SHP/Recreation/Golf/).

## **TRAVEL**

The Bermuda International Airport is located in St. George, approximately 35 minutes from The Fairmont Southampton. Bermuda is accessible by all major US airline carriers. It is a 2 hour flight from most major eastern US and Canadian cities. For more information, please go to <http://www.fairmont.com/southampton/MapAndDirections.htm>.

## **SAVE THE DATE – 2010 CONTROVERSIES**

**Be sure to join us at The Four Seasons Aviara in Carlsbad, CA on August 13-15, 2010.**

**Register early – attendance is limited.**

*Course Directors*

**Kenneth A. Arndt, MD**      **Jeffrey S. Dover, MD, FRCPC**

*Associate Course Directors*

**R. Rox Anderson, MD**      **Murad Alam, MD**

**Matt Avram, MD**  
MGH Dermatology Laser &  
Cosmetic Center  
Boston, MA

**Roy Geronemus, MD**  
New York University  
New York, NY

**Kevin C. Smith, MD, FRCPC**  
Niagara Falls, Canada

**Daniel Barolet, MD**  
University of Montreal  
Montreal, Canada

**Melanie Grossman, MD**  
Columbia University  
New York, NY

**Elizabeth Tanzi, MD**  
John Hopkins University  
Baltimore, MD

**Eric Bernstein, MD**  
University of Pennsylvania  
Bryn Mawr, PA

**George Hruza, MD**  
St Louis University  
St Louis, MO

**Nathan Uebelhoer, MD**  
Naval Medical Center  
San Diego, CA

**Brian Biesman, MD**  
University of Tennessee  
Nashville, TN

**Arielle Kauvar, MD**  
New York University  
New York, NY

**Robert A. Weiss, MD**  
John Hopkins University  
Baltimore, MD

**A Jay Burns, MD, FACS**  
University of Texas  
Dallas, TX

**Suzanne Kilmer, MD**  
University of California - Davis  
Sacramento, CA

**Christopher Zachary, MD**  
University of California  
Irvine, CA

**Henry Chan, MD**  
The University of Hong Kong  
Hong Kong

**Dieter Manstein, MD**  
Harvard Medical School  
Boston, MA

**Nathalie Fournier, MD**  
Centre Laser Dermatologie  
Phlebologie  
Clapiers, France

**Jason Rivers, MD, FRCPC**  
Pacific DermAesthetics  
Vancouver, Canada

**Jerome Garden, MD**  
Northwestern University  
Chicago, IL

**Fernanda Sakomoto, MD**  
Wellman Center for  
Photomedicine Harvard Medical  
School  
Boston, MA

**CONTROVERSIES AND CONVERSATIONS IN LASER AND COSMETIC SURGERY  
August 14-16, 2009**

**REGISTRANT Information** – Please fill out a separate form for each registrant.

Full Name \_\_\_\_\_  
Last First Middle Initial

Badge Name/Nickname \_\_\_\_\_ Daytime Phone ( ) \_\_\_\_\_  
*(If different from above; i.e. your name is William but everyone calls you "Bill")*

Institutional Affiliation/  
 Business Name \_\_\_\_\_ Fax Number ( ) \_\_\_\_\_

Mailing Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_

E-Mail Address \_\_\_\_\_  
*(please provide complete & correct email address as this is how your confirmation letter will be sent.)*

Professional School Attended \_\_\_\_\_  
 Degree \_\_\_\_\_ Year of Graduation \_\_\_\_\_ Board Certified  Yes  No

Special Meals or Comments \_\_\_\_\_

Profession (please check one): <input type="checkbox"/> Physician <input type="checkbox"/> Nurse <input type="checkbox"/> Laser Technician <input type="checkbox"/> Pharmaceutical Rep. <input type="checkbox"/> Medical Laser Co. Rep. <input type="checkbox"/> Sales Rep. <input type="checkbox"/> Medical Research <input type="checkbox"/> Technician Other: _____	Specialty: <input type="checkbox"/> Dermatology <input type="checkbox"/> Ophthalmology <input type="checkbox"/> Facial Plastic Surgery <input type="checkbox"/> Oculoplastic Surgery <input type="checkbox"/> Family Medicine <input type="checkbox"/> Plastic Surgery Other: _____
---	---

Would you like your name, company, and email address included in our Conference Attendee List?  Yes  No

**Tuition Fees & Payment**

**CANCELLATION POLICY:** There is a handling fee of US\$100 on all cancellations. Refund requests must be received in writing by mail or email one week prior to the course. No refunds will be made thereafter.

**Tuition Fee (please check one):**

Attendee US\$1,195 Early Bird Rate (by May 31, 2009)       Attendee US\$1,295 Regular (after May 31, 2009)

Residents/Fellows in Training and Allied Health Professionals US\$695       Faculty

Method of Payment     Visa     MasterCard     Amex     Check

Cardholder Name (as it appears on card) \_\_\_\_\_ Signature \_\_\_\_\_

Account Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Cardholder's email address \_\_\_\_\_ Security digits on card \_\_\_\_\_  
*(receipt for payment will be sent to this address, so please be sure that it is accurate)*

Street address where credit card statement is received \_\_\_\_\_ Zip Code \_\_\_\_\_

**FULL PAYMENT MUST ACCOMPANY APPLICATION (check payable to Masters Program in Laser Education).**

Mail this form to: 1894 SE Sedgwick Road #228, Port Orchard, WA 98366  
 Email Registration Form to: [registrar@nwregistration.com](mailto:registrar@nwregistration.com) Phone: (360) 769-7100 Fax: (360) 871-1674  
 Email Registration Questions to: [Controversies@skincarephysicians.net](mailto:Controversies@skincarephysicians.net)

**EXHIBITOR REGISTRATION FORM**

**CONTROVERSIES AND CONVERSATIONS IN LASER AND COSMETIC SURGERY  
August 14-16, 2009**

**EXHIBITOR Information – Page 1** (please submit both page 1 and page 2 for your registration)

Company Name \_\_\_\_\_

Contact's Full Name \_\_\_\_\_  
Last First Middle Initial

Company Mailing Address \_\_\_\_\_ Fax Number ( ) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

**\*E-Mail Address** \_\_\_\_\_  
(\*Please provide complete & correct email address as this is how we will communication with you periodically.)

**Exhibitor Registration Fee** (please circle one)

- \$2,500US - Bronze Supporter (1 booth, 3 rep registrations and acknowledgment in the syllabi)
- \$5,000US - Silver Supporter (1 booth, 4 rep registrations and acknowledgment in the syllabi)
- \$7,500US - Gold Supporter (2 booths, 5 rep registrations and acknowledgment in the syllabi)
- \$10,000US – Platinum Supporter (2 booths, 6 rep registrations and acknowledgment in the syllabi)

All exhibitors MUST have at least 1 booth and their company name in the syllabus. Each booth space will consist only of 1-2 6ft skirted tables, 1-2 chairs and your table-top displays, marketing materials and/or laser machines (for display only); 10x10 (or larger) tradeshow booths or tradeshow furniture is not allowed.

*Our conference is held in a resort site to maximize enjoyment for those attending and their families. We ask that no vendor plan for meetings, interviews, receptions, or other gatherings to take place during our meeting in order to preserve the attendees free time and protect them from commercial, pharmaceutical and investor intrusion during their leisure time. Please schedule any vendor events before 8 am Friday morning and after 12 pm on Sunday of our conference.*

For each additional exhibitor attendee, it will be US\$1,195 (by May 31, 2009) and US\$1,295 (after May 31, 2009)

Method of Payment  Visa  MasterCard  Amex  Check

Cardholder Name (as it appears on card) \_\_\_\_\_ Signature \_\_\_\_\_

Account Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Cardholder's email address \_\_\_\_\_ Security digits on card \_\_\_\_\_  
(receipt will be emailed to this address, so please be sure that it is accurate)

Street address where credit card statement is received \_\_\_\_\_ Zip Code \_\_\_\_\_

**FULL PAYMENT MUST ACCOMPANY APPLICATION (check payable to Masters Program in Laser Education).**

Mail this form to: 1894 SE Sedgwick Road #228, Port Orchard, WA 98366

Email Registration Form to : [registrar@nwregistration.com](mailto:registrar@nwregistration.com) Phone: (360) 769-7100 Fax: (360) 871-1674

Email Registration Questions to: [Controversies@skincarephysicians.net](mailto:Controversies@skincarephysicians.net)

**Exhibitor Rep Information – Page 2**

Please fill out the information below for each Rep from your company.

**Bronze – 1 booth, 3 reps; Silver – 1 booth, 4 reps; Gold – 2 booths, 5 reps; Platinum – 2 booths, 6 reps**

Rep 1 – First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Rep 2 – First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Rep 3 – First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Rep 4 – First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Rep 5 – First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Rep 6 – First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Additional Reps - \$1195 each before May 31, 2009; \$1295 each June 1, 2009 and later

Rep 7 – First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Rep 8 – First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Rep 9 – First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Rep 10 – First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Rep 11 – First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Rep 12 – First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Notes/Comments: