

SkinCare Aesthetics
1244 Boylston Street, Suite 305
Chestnut Hill, MA 02467
617-848-1621

PRE-GLYCOLIC CHEMICAL PEEL INSTRUCTIONS

1. Skin should be completely acclimated to glycolic acid base products by using them for one to two weeks prior to your first treatment.
2. One week prior to treatment, avoid electrolysis, waxing, depilatories (chemical) and hair color/bleaching
3. Avoid using abrasive scrubs, exfoliants, loofah sponges, facial sponges and facial masks for at least 48 hours prior to each treatment.
4. Do not use self-tanning agents for at least 48 hours prior to each treatment, unless advised by the physician.
5. Do not use Retin-A, Differin, Tazorac, Benzoyl Peroxide Meds., or Sulfur/Sulfa Based Meds. (R/S Lotion, Sulfacet R, Novacet) for at least 48 hours prior to each treatment, unless advised by the physician.
6. Please contact us if you have a breakout of cold sores, fever blisters or herpes anywhere on the face prior to your treatment.
7. Avoid sun exposure. Sunburned skin should not be treated with glycolic acid.
8. Do not use glycolic acid based products for at least 24 hours prior to each treatment.

Only use medications and products as prescribed by your physician. **Under use** of medications or products can result in less than optimal results. **Over use** of medications or products can result in severe discomfort and irritation.

The use of glycolic acid formulations makes the skin sun-sensitive. Therefore, an SPF 15 or higher is strongly recommended for **daily protection**.