

SkinCare Aesthetics  
1244 Boylston Street, Suite 305  
Chestnut Hill, MA 02467  
617-848-1621

## PRE-TREATMENT MICRODERMABRASION INSTRUCTIONS

1. Avoid using clay masks, scrubs or additional exfoliating agents for at least 48 hours prior to each treatment.
2. Do not use Retin-A for at least 48 hours prior to each treatment, unless advised by the physician.
3. Please contact us if you have a breakout of cold sores, fever blisters or herpes anywhere on the face prior to your treatment.
4. Avoid sun exposure. Sunburned skin should not be treated with the MicroDermabrasion.
5. Do not wax facial hair for at least 48 hours prior to each treatment.
6. Do not use glycolic acid based products for at least 24 hours prior to each treatment.