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The Filler Holy Grail...*Voluma*

By now nearly everyone knows that fillers are the most efficient way to improve overall facial appearance. They can be used to soften the hollow features of the midface, improve the shape of the temples, and create a more youthful jawline. As we age, most of us lose fat from the middle and outer portions



Before *Voluma*

Our physicians most often target the cheeks, cheekbones, and midface with *Voluma*. Other fillers such as *Restylane*, *Juvéderm*, and *Belotero* can be used to augment the filling achieved with *Voluma*. We can improve the shape at the corner of the mouth, improve etched in lines on the cheeks, as well as soften



After *Voluma*

of our face, causing our skin to start to sag and take on a more wrinkled appearance. This is why fillers are the most specific way to achieve a more youthful face.

Voluma is the newest addition to the world of fillers, and is literally revolutionizing the procedure. In just a few short minutes, sagging and wrinkling can be eliminated with a few nearly painless injections. In less than 15 minutes, most patients can achieve a dramatically more youthful appearance.

areas along the jawline that can change with age. Please ask us what the ever-expanding world of fillers can do for you and your skin. It is now dramatically easier to achieve the look you want. Furthermore, our physicians are world renowned experts, teaching others around the globe the nuances of fillers. If you want a natural youthful look, SkinCare Physicians is the place to have your treatment.

Shape The Outer Thighs With *CoolSmooth*

The new *CoolSmooth* applicator is a very exciting addition to the non-invasive CoolSculpting body contouring system at SCP. Similar to the rest of the CoolSculpting line of products, it uses cold to freeze the fat layer for body sculpting. Instead of being suction based like other CoolSculpting handpieces, *CoolSmooth* simply lies over and conforms to the treatment area. This significant advancement allows us to target new areas that were previously not amenable to treatment. Whether it is the abdomen, hips, bra-line, arms or thighs, we can effectively treat them all without surgery using CoolSculpting.

were satisfied with their results after just one treatment, according to initial studies.

If you are looking for an effective non-invasive option to eliminate stubborn fat from your outer or inner thighs, ask us about *CoolSmooth*. The addition of this advanced applicator to the CoolSculpting family has expanded our treatment possibilities so we can better help you to achieve the body shape that you have been dreaming of!



Before/After *CoolSmooth*

CoolSmooth treatment is safe, non-invasive, and has minimal down-time and side-effects. We see full results 2 to 3 months after treatment. Approximately 85% of treated women observed a visible reduction in stubborn outer thigh fat and

Modern Hair Transplantation



Before After

At SCP, we achieve natural looking hair transplants virtually 100% of the time in our patients, thanks to significant changes and enhancements to the way hair transplantation is performed. The procedure takes just a few short hours, yet the results are permanent. The key difference between SCP and other hair transplant centers is the personalized care you will receive. Think of our surgeons as creating a custom designed hairline rather than an "off the rack" look. Our senior physicians have over 20 years of experience, and our hair transplant team includes some of the most experienced nurses in the U.S. If you have ever considered having hair restoration surgery, now is the time to consult with our team of experts.

Crows Feet Meet Their Match With Pellevé Treatment



Before Pellevé



After Pellevé

Do fine crinkling and lines around your eyes bother you? While lines that appear around the eyes with smiling ("crows feet") are best treated with *Botox/Dysport* injections, fine wrinkles can be effectively treated with *Pellevé*. *Pellevé* uses a small wand that gently heats the collagen building blocks of our skin and results in tightening. *Pellevé* is performed as a series of treatments, spaced one month apart for a total of 3 to 4 sessions. The procedure is very well tolerated and has no associated downtime. *Pellevé* also works great on those annoying upper lip wrinkles. Speak to your dermatologist at SCP to learn more about *Pellevé*. You will be glad you did.

The New Thermage Tip Is Here!

Thermage is one of the most popular and successful treatments at SCP, and for good reason. It can tighten skin of the face and abdomen in one short, nearly painless 60-minute treatment session with zero recovery. And now *Thermage* is even better! The new revolutionary Total Tip improves efficacy, enhances results, and ensures that more patients achieve what they are looking for. This upgrade in technology was spearheaded by research performed at SCP, and we are proud to continue to be leaders in this fascinating field of skin tightening.



Bye Bye Acne Scars



Nobody likes acne scars. Thankfully, *Fraxel* lasers have dramatically changed the landscape, enabling us to reduce or eliminate virtually all types of acne scars. Not all lasers are the same: our physicians are masters at determining which laser would be best for your skin. Combining lasers with other techniques such as subcision and surgical removal of scars, most of our patients can achieve dramatically smoother skin, and are thrilled with the results. Ask us what our acne scar treatments can do for you.

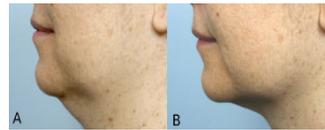
Hot Topics

• Calling All Men



Good news guys... cosmetic procedures are not just for women anymore. *Botox* and filler injections, laser treatments, and body contouring procedures are rapidly gaining popularity among men. At SCP, we understand the male aesthetic; five of our dermatologists are men! Whether your goals are reducing your forehead lines, diminishing the effects of sun damage, or shrinking your love handles, come speak to an SCP dermatologist regarding the options best suited for you. We can help men to change the things they don't like to see in the mirror!

• Double (Chin) Trouble!



Before/After *Kythera*

Say goodbye to that annoying double chin. With the assistance of SCP dermatologists, *Kythera* has developed a simple injection that improves the look of a double chin and tightens the neck skin, giving long-lasting results. A series of 1-4 injection sessions produces dramatic improvement, with little downtime. Until recently, the only approaches were surgical with liposuction or a neck/face lift. While effective, these surgical measures have significant downtime. Appropriate for men and women of all skin types, *Kythera* has revolutionized our ability to treat a double chin in a simple and effective manner.

• Do You Have Tattoo Regret?

We have some exciting news for you, especially if you have a professionally designed tattoo! Advances in shorter pulsed laser treatment are revolutionizing tattoo removal. The latest and greatest new Picosecond alexandrite laser, *PicoSure*, clears professional tattoos twice as fast as the previous best lasers with no increased risk of side effects. This new technology erases black, blue and green tattoo colors more efficiently and total clearance is possible, leading to a higher level of patient satisfaction. Ask us how the novel Picosecond laser can solve your tattoo regret.



• New Psoriasis Treatment Option: Not A Cream, Not An Injection!



Dermatologists from the Psoriasis Treatment Center at SCP have participated in research leading to the recent FDA approval of *Otezla*[®], an oral medication that works differently from other treatment options currently available for psoriasis. *Otezla*[®] acts like a dimmer switch to gently lower the underlying skin inflammation that drives the disease process. This is an important addition to existing therapeutic choices (e.g., topical creams and systemic medication) to manage psoriasis and psoriatic arthritis. If you suffer from psoriasis, it's time to contact our skilled dermatologists. There is likely more help we can give than you may have thought possible.

In The News

• What Makes SCP So Special... Soon In The News



As a testament to the quality of care provided to our patients, SCP has been invited by *Dermatology World* to write an article about the principles that make SCP so special. *Dermatology World* is a monthly publication of the American Academy of Dermatology that is sent to all practicing dermatologists in North America, and we are honored to have been selected as the only practice in the nation to contribute. Stay tuned!

• SCP's Website Gets A Facelift!

SCP's new website features a fresh, modern look that prioritizes the most important information our patients are looking for and makes the practice's most popular procedures easy to find. From the home page you can directly access physicians' information and search for treatments we offer by conditions. Not only is the new site easier to navigate, but its design reflects our beautiful amenities and the innovative dermatology techniques we offer! Check it out: www.skincarephysicians.net



• Leading The Way In Skin Care

Last May SCP invited all of its patients to a wonderful educational event in Boston to learn about the latest medical and cosmetic advancement in skin care. This informative and fun event enabled attendees to mingle with our renowned doctors and gather everything they ever wanted to know about skin and skin care, but never dared to ask! The audience loved it and left with quite a few skin care tips. Get these tips on Twitter: @SCPChestnutHill #SkinTakeaways



• 2014 Top Docs by *Boston Magazine*



This year again 7 doctors at SCP made *Boston Magazine's* 2014 Top Doctors list. Our practice has been recognized as one of the top places to receive the most comprehensive and latest cosmetic and dermatology care in the region for over a decade now. Quite simply, SCP is recognized both locally and world wide as the leader in innovative and caring delivery of dermatology and cosmetic services.

• SkinCare Physicians Works For Charities

Our physicians and staff work hard in the office, but they also put their skills to work for charity in 2014! Supported charities included the Pan-Mass Challenge, Melanoma Foundation of New England (Boston Marathon), Walk to Cure Psoriasis, Cradles to Crayons Giving Factory Warehouse, and Inner City Weightlifting. This Thanksgiving and holiday season, SCP held a Military Care Package Drive for CarePacks!



Did You Know?

• A Cellulite Treatment That Finally Works



Cellfina, the most innovative cutting-edge treatment for cellulite, has just been launched. Pioneered at SCP, this minimally invasive, FDA-cleared technology delivers long lasting cellulite reducing benefits (the holy grail of aesthetic treatments!). The sweet spot for efficacy is mild to moderate cellulite dimples on the buttocks and upper-thighs (primarily outer). The pivotal study showed that *Cellfina* offers a cellulite treatment with patient satisfaction at 94% one year post procedure. *Cellfina* works, and patients love it! If your cellulite bothers you every time you look in the mirror, schedule an appointment at SkinCare Physicians.

• SCP Welcomes Dr. Morton

SkinCare Physicians is delighted to welcome Laurel Morton, M.D. to its team. You may already be familiar with her as she just completed her fellowship at our practice in Laser and Cosmetic Dermatology. Over the past year, we have enjoyed working with Dr. Morton and have benefited from her many qualities as a physician and person. For your convenience, Dr. Morton will be offering appointments on Saturdays and one evening a week. You will love the care you receive from her!



• Products, Products, Products!



Caring for your skin at home on a daily basis is important. A broad spectrum sunscreen with an SPF of 30 or higher is one of the most effective ways to prevent premature aging (wrinkling and sun damage). Adding an antioxidant to your morning routine will further protect the skin from environmental toxins and UV radiation. Introducing products that contain peptides, growth factors, antioxidants and retinoids to your routine will help your skin repair itself. Our team of doctors, aestheticians and nurses can help you find products that are right for your skin and actually work to improve fine lines, discoloration, and wrinkles!

• Project Heal Is Running Strong: Over 60 Treatments Performed!



Within a week of the Boston Marathon bombing, SkinCare Physicians launched "Project Heal" to offer pro bono treatments to anyone hurt in the blasts. The use of lasers and other energy sources had recently been found to bring about amazing improvement in wounded soldiers and others with traumatic injuries. Since April 2013, we've seen multiple runners and bystanders who were injured, and delivered more than 60 treatments to soften and flatten scars, make the skin more flexible, remove shrapnel and foreign body tattoos, diminish pigmentary (color) changes, and help wounds heal. It's been an honor to provide this care and bring comfort to some of those who have been injured.

Read our Blog: www.skincarephysicians.net/blog
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Our Mission

We strive to bring our experience and commitment to academic and clinical excellence to our practice through the latest in medical, surgical, cosmetic, and laser services. At SkinCare Physicians, we offer a broad range of treatments to our patients who have dermatologic, aesthetic, skin cancer, cutaneous, surgical or other medical or appearance-related concerns.

The mission of SkinCare Physicians is to deliver personalized service along with ethical, skilled, comprehensive care. Our renowned physicians offer a broad range of diagnostic and therapeutic procedures, providing patients with unparalleled service. This vision is the cornerstone of who we are and what we do.

SkinCare Physicians and our Affiliations

We are proud to have formal academic and teaching relationships with many of the preeminent teaching institutions in New England. Our doctors are nationally and internationally recognized for their leadership, and nowhere is this more evident than in their impressive array of academic appointments at major universities. Our affiliations include:

Yale University | Harvard University | Dartmouth College | Boston University | Tufts University | Brown University



Dr. Kenneth
Arndt



Dr. Jeffrey
Dover



Dr. Michael
Kaminer



Dr. Robin
Travers



Dr. Thomas
Rohrer



Dr. Jeffrey
Sobell



Dr. Karen
Kim



Dr. Brooke
Sikora



Dr. Deanne
Robinson



Dr. Tania
Phillips



Dr. Katrinka
Heher



Dr. Kay
Kane



Dr. Kasia
Masterpol



Kelly
Buchanan,
PA-C

Aestheticians | Blepharoplasty | Botox/Dysport/Xeomin | Fillers | CoolSculpting | MiraDry | Liposonix | Fraxel laser | Clear + Brilliant | Pellevé
Glycolic acid chemical peels | Hair transplantation | Laser hair removal | Laser removal of red & brown spots | Laser resurfacing | Liposuction
Microdermabrasion | Mohs surgery | Pediatric, adult, and geriatric dermatology | Photorejuvenation | Restylane/Juvederm/Radiesse/Sculptra/Belotero/Voluma
Skin cancer surgery | Sclerotherapy | SmoothShapes | Tattoo removal | Thermage