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Facelift Without The "Lift"

Just a few short years ago, the thought of having facelift quality results surgery without seemed unimaginable. It was more hope, and at times hype, than reality. Amazingly, the day has arrived where we can give facelift quality results without any surgery!



Before Filler

Using a combination of techniques, including botulinum toxin (Botox, Dysport, & Xeomin), as well as fillers such as Restylane, Juvederm, Radiesse, and Sculptra, we are able to create superb and natural looking contours without the need for surgery or the associated recovery. You may have heard the term "liquid facelift" in the press, and this is one way to describe this fascinating technique. Not surprisingly, this technique was pioneered at SCP.

Your physician will evaluate the contours of your face, and discuss areas of concern. Botulinum toxin is routinely used for the upper part of the face, aided with fillers to the areas under the eyes.



After Filler

temples can make patients look dramatically younger. Botulinum toxin and fillers are also used to reduce the appearance of those annoying upper and lower lip vertical creases.

In many patients, filler in the

Fillers are the mainstay of the non-surgical facelift. We

now use fillers to restore volume to the cheeks, and give a more sculpted and younger look to the cheekbones. Jawlines can be reshaped in a matter of minutes, and those frustrating downturned lines at the corner of the mouth can be erased in seconds. There is virtually no limit to what can be done with well planned and carefully placed fillers to the face.

Clearly, the skill of your physician is directly related to the quality of the result, and SkinCare Physicians has been at the forefront of these non-invasive facelift techniques for the past decade. Ask us how the non-surgical facelift may be right for you. The results can be staggering!

Shape That Body...Without Surgery

You heard it here first...we can remove fat without surgery!

The reality of non-surgical fat removal has arrived at SkinCare Physicians. After nearly a decade of exhaustive scientific investigation, SkinCare Physicians leads the way in the development of technologies that allow us to remove fat without any surgery. Technologies such as CoolSculpting by Zeltiq and the Bella Contour device are blazing a new trail in the world of fat removal. In just a short 1-2 hour session, fat from the upper and lower abdomen, as well as the hips and love handles can be gently removed. The results are staggering. In many cases, patients achieve their desired result after a single treatment. However, depending on the area to be treated and the technology that is employed, treatment can take several sessions to achieve the optimal results. And as an added bonus, the fat removal is permanent!

SkinCare Physicians has been a leader in fat

removal for over a decade, pioneering and advancing many of the latest techniques in tumescent liposuction surgery, as well as laser assisted liposuction surgery. We continue to lead the field in these minimally invasive procedures, and now have the added benefit of non-invasive fat removal procedures to compliment these minimally invasive techniques. Literally, SkinCare Physicians has the world of fat removal at the tip of our fingers.

Ask us how these novel, non-surgical fat removal techniques can benefit you. You will be amazed at how easy it is to shed those unwanted inches that may have bothered you for years!



Before CoolSculpting

After CoolSculpting

Lose The Wrinkles With Rapid Recovery



Before Deka Laser

SkinCare Physicians is fortunate to have one of the world's largest array of lasers at our disposal. Specifically, we have several lasers which are used for fractional skin resurfacing, the mainstay for skin smoothing and overall improvement in photoaging. This technology exploded onto the scene in 2005, and advances have been spectacular with devices such as the Fraxel, Deka and Encore lasers.



After Deka Laser

We can treat the full face, or discrete areas of the face such as around the eyes or mouth, with recovery times that have been dramatically reduced. In many cases, patients fully recover within 3-4 days. We can tighten upper eyelid skin, eliminate wrinkles around the eyes, wipe away deep and medium depth creases on the upper lip, and improve overall texture and color of the skin in a relatively simple 30 minute procedure. Fractional resurfacing is the wave of the future. Ask us how you can get onboard.

Allergic To Something?



Under the direction of Dr. Brooke Sikora, SkinCare Physicians has significantly expanded its ability to understand the cause of your allergic skin reactions. Dr. Sikora brings her expertise in patch testing to SkinCare Physicians, and has recently helped fine tune a medical treatment plan that allows us to get to the root of

your allergic skin reaction. Covered by your insurance, these new techniques are simply amazing at allowing our superb dermatologists to pinpoint your problem. If your skin is allergic to something, we can help you figure out exactly what that is.

Clear + Brilliant



Clear + Brilliant is an exciting new aesthetic laser treatment created by the makers of the popular Fraxel laser brand. Much more gentle than other lasers in its class, Clear Brilliant treatment refreshes your skin, visibly illuminates skin tone, helps

build new collagen, and smoothes texture, regardless of age, sun exposure, environmental conditions and lifestyle. The 30 minute Clear + Brilliant aesthetic treatment is an effective and affordable way to help prevent signs of aging, and maintain younger looking skin with minimal downtime.

Hot Topics

•Amazing Non-Surgical Evelid Tightening



SkinCare Physicians is one of the first practices in the nation to offer the Pellevé device for non-surgical tightening of skin around the eyes. Pellevé uses radiofrequency technology similar to the Thermage

device to gently heat the skin, which in turn helps collagen molecules contract. Following a series of 2-3 treatments, the skin is noticeably tighter and smoother around the eyes, eliminating those pesky under eye wrinkles and small crinkles. Even small bags under the eyes can be effectively treated with Pellevé. Just amazing!

•No Sweat!

Once again, SkinCare Physicians is at the forefront of another new technology. MiraDry is a novel technology that can eliminate underarm sweating, permanently! For those patients who are either debilitated by underarm sweating, or simply want to eliminate that annoying sweat from their daily



routine, MiraDry is the answer. In a comfortable, 60 minute procedure, underarm sweating can be eliminated, permanently. Since we have millions of sweat glands throughout the body, treating these small areas of sweat glands under the arms has no overall negative health impact. However, it can have a dramatic and positive impact on quality of life for many of our patients. There are only a limited number of practices around the world that are able to offer MiraDry at this time, and as expected, SkinCare Physicians is leading the way.

•Thermage Doesn't Hurt...and It Works Beautifully!

For years, Thermage has been the mainstay for non-surgical face and body skin tightening. SkinCare Physicians was the first practice in the country to offer Thermage, and has been at the forefront in helping to develop this technology. However, although highly effective. Thermage was at times guite painful for our patients. That is now a thing of the past!



With dramatic advances in technology, the Thermage procedure no longer hurts. SkinCare Physicians initiated and published a detailed study which demonstrated that out of 20 patients treated, none of them felt that the procedure was painful. Furthermore, all 20

patients were thrilled enough with their results that they would recommend having the treatment to their friends. Over the past 2 years, not only has the quality of results improved with Thermage, but the pain has been eliminated. As a result more patients are seeking non-surgical facial skin tightening with the Thermage technique. Thermage can also be used to tighten skin on the lower abdomen, and works particularly well for lose skin that is the result of past pregnancies. Tighter skin, no surgery, no downtime? You bet!

Top Doctors



SkinCare Physicians continues to be the cream of the crop.

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8 of our dermatologists were named as Top Doctors by US News & World Report in 2011. Couple that with 8 of our doctors listed as Top Doctors in Boston Magazine, and it is clear that our physicians are not only at the top of their field locally, but nationally as well...and you have them right in your backyard!



•SkinCare Physicians Awarded Prestigious **Fellowship**

Each year, SkinCare Physicians trains 3 Board Certified dermatologists in the art of cosmetic and skin cancer reconstructive surgery. Our staff dermatologists are world renowned experts in these fields, and SCP was awarded this prestigious Procedural Dermatology Fellowship. The fellowship is recognition for the unparalleled skill of our physicians, as well as the unique teaching atmosphere that is part of the SkinCare Physicians mission.

•Love Your Skin And Your Partner's, Too!



There is good medical evidence that having a partner in the exam room during your skin cancer screening improves your ability to monitor your own skin and find skin cancers early. So what better way to celebrate Valentine's Day than a Couple's Skin Cancer Screening? Look for the date in February, pick up some roses and

chocolates, and invite your significant other to SkinCare Physicians for a healthy celebration!

•SkinCare Physicians On The Go For Charity!







The physicians and staff at SkinCare Physicians keep up a quick pace at the office...but you should see them on the roads! Raising thousands of dollars for charity, many of our staff have philanthropic interests. Some highlights include: the Pan Mass Challenge for the Dana Farber Cancer Institute, Making Strides Against Breast Cancer walk, Boston Marathon for the Melanoma Foundation of New England, the BAA Half Marathon for the Dana Farber Cancer Institute, the Boston Marathon for Community Servings, and the chilly Santa Speedo Run, raising thousands for the Starlight Children's Foundation. We encourage all of our patients to be active and healthy and use adequate sun protection during your outdoor activities!

Did You Know?

•We're Growing - Again!



We can't thank you enough for all the support you have given to SkinCare Physicians over the years. As a result of this continued support, and the recognition of the high quality of care that has been a part of Skincare Physicians for the past decade, we continue to expand. With the addition of 5 or 6 additional examination rooms, and 2-3

additional dermatologists, SkinCare Physicians will continue to be the leading provider of dermatology care in New England. We have one of the shortest waiting times for a dermatology appointment in the region, while at the same time providing the highest level of care available anywhere in the world. This expansion project is critical to our sustained innovation, and will allow us to continue to provide you with the first rate experience you have come to expect from SkinCare Physicians. So please bear with us over the next few years as we expand and renovate. We promise you, in the end it will be well worth the wait.

•There's an App for THAT?

The Skin Scan app touts itself as the "most accurate skin cancer detector on the iPhone". There might be some truth to this, because it is the ONLY skin cancer detector on the iPhone! Users take a photo of a mole, and the app uses a proprietary algorithm to calculate if the mole is developing normally, abnormally, or into a dangerous melanoma.



Does it work? The jury is still out, but at the minimum it can encourage you to do careful self exams. Regular skin exams with your dermatologist remain the best way to catch skin cancers early, but if an app like this can help encourage self exams, then SkinCare Physicians is on board!

•Got Nail Fungus?



If you have discolored or brittle nails due to fungus, SkinCare Physicians can help. New laser technology allows us to zap those stubborn fungi and restore your nails to the smooth, healthy look they

once had. Ask us about it.

•Acne Emergency

Have you ever developed a large acne cyst right before a



big event? These large acne cysts are painful and can make you feel awkward and self-conscious. The old "toothpaste" treatment doesn't work, but a quick phone call to SkinCare Physicians might do the

trick. In a quickly-scheduled visit, a low-strength corticosteroid injection can often shrink these lesions within 24 hours. If you have many cysts, or recurrent acne, the dermatologists at SkinCare Physicians can discuss an ongoing treatment regimen with you. Preventing the acne cysts is key, but we are pleased to offer this more urgent treatment option!

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Our Mission

We strive to bring our experience and commitment to academic and clinical excellence to our practice through the latest in medical, surgical, cosmetic, and laser services. At SkinCare Physicians, we offer a broad range of treatments to our patients who have dermatologic, aesthetic, skin cancer, cutaneous, surgical or other medical or appearance-related concerns.

The mission of SkinCare Physicians is to deliver personalized service along with ethical, skilled, comprehensive care. Our renowned physicians offer a broad range of diagnostic and therapeutic procedures, providing patients with unparalleled service. This vision is the cornerstone of who we are and what we do.

SkinCare Physicians and our Affiliations

We are proud to have formal academic and teaching relationships with many of the preeminent teaching institutions in New England. Our doctors are nationally and internationally recognized for their leadership, and nowhere is this more evident than in their impressive array of academic appointments at major universities. Our affiliations include:

Yale University | Harvard University | Dartmouth College | Boston University | Tufts University | Brown University

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Dr. Kenneth Arndt



Dr. Jeffrey Dover



Dr. Michael Kaminer



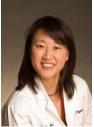
Dr. Robin Travers



Dr. Thomas Rohrer



Dr. Jeffrey Sobell



Dr. Karen Kim



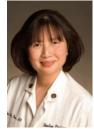
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