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## Project Heal Boston

SkinCare Physicians, like all of us in our community, was deeply affected and saddened by the events of the Boston Marathon bombings. In the aftermath of this devastating event, hundreds of people were left severely injured, and in need of treatment to help them return as best as possible to their daily lives. SkinCare Physicians, in an effort to do what we can to help, has initiated *Project Heal Boston*. Through the generosity of our staff who have volunteered their time, SkinCare Physicians is providing free treatment to anybody injured in the Boston Marathon bombings. Utilizing our wide array of lasers and unique skills, we are able to help improve some of the scarring and functionality that many have lost due to their devastating injuries. In this small way,



we hope to help not only individuals, but our entire community to heal.

Some of the laser work that we are pioneering is based on research and treatment that comes from the United States military and the Wounded Warrior project, which is spearheaded by one of our SkinCare Physicians former fellows. By combining the experience of the United States military with the unique and cutting edge lasers we have in our practice, we hope to be able to help the victims heal. If you know anyone who has been affected and may be in need of treatment, please have them contact our office so we can explain the options available, and hopefully get them on the road to recovery.

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## Stay Looking Young Forever...Prejuvenate!

SkinCare Physicians has found the secret to maintaining that forever youthful look...*Prejuvenation*. Most of us wait until we see significant signs of aging before making that first visit to the doctor. However, at SCP we have discovered that treating those annoying lines or sagging wrinkles almost before they happen can be a much more powerful solution. And it is easier than you think!



Before Belotero



After Belotero

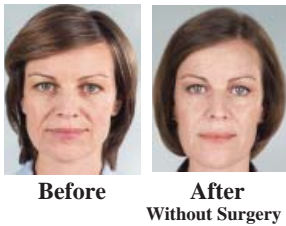
Sculptra, as well as new materials such as Juvederm Voluma allow us to improve contours and replace lost volume, while Belotero, Juvederm and Restylane help finesse smaller lines and creases. Botox, Dysport, and Xeomin soften lines that are caused by over-active muscles, and Thermage is a uniquely powerful non-

invasive procedure that tightens skin, and prevents future aging (see related story on page 2).

Obviously everyone is different, and our physicians will help you custom fit a program that is right for you. The key is to start treatment before things get out of hand. The three basic components include home care, rapid recovery treatments performed by our aestheticians, and a carefully chosen treatment plan administered by our physicians. Everyone does not require all three components to maintain that youthful look, but prejuvenation is now setting the gold standard in the cosmetic industry. The staff at SCP has been prejuvenating for over a decade, and the results speak for themselves!

Whether it be Thermage, lasers, Botox/ Dysport/Xeomin, or one of the many superb filler options, our physicians will help you find the right treatment options to keep you looking young forever!

## The End Of The Facelift?



With several new technologies available, SCP can now achieve results that may signal the end of the facelift. Using a combination of fillers, neuromodulators, lasers, and skin tightening devices, our patients are achieving results that are more dramatic than ever

before. The beauty is that all of this is accomplished with very little downtime, and with superbly natural results. The goal is to take the risk of facelift surgery out of the equation.

Fillers such as Restylane, Juvederm, Belotero, Sculptra and the new kid on the block Voluma are the mainstay of the anti-aging program. We know that most of us look older not because of gravity alone, but largely due to loss of facial structure and fat that comes naturally with age. The beauty is this can be readily reversed with short, comfortable injection sessions performed by our internationally recognized experts. Combined with lasers and Botox/Dysport/Xeomin, our physicians can work wonders.

Is the facelift about to become a thing of the past? For many of our patients the answer is an emphatic yes! Come find out how we can safely help you achieve a younger, natural look.

## Thermage Helps Prevent Aging



Before

Some new research, in part spearheaded by work at SCP, suggests that Thermage can actually help prevent signs of aging. We have known for many years that Thermage can make people look younger after a simple one hour procedure with zero recovery time. The exciting news is that repeat treatments, performed at two to three year intervals, seem to slow the aging process.



After

With more than a decade of experience using Thermage (the first treatment in the world was performed at SCP), our patients marvel at the preventive nature of Thermage. So if you'd like to look a little bit smoother, get a little bit of tightening, and prevent future signs of aging on the face, please ask us about Thermage. It is much easier than you may think to achieve some of the goals you have always wanted.

## Got Upper Lip Wrinkles?



Within the past year, we have seen dramatic improvements in our ability to treat those annoying lines of the upper lip, and to do so noninvasively. Pellevé, a novel heat based treatment that we have used for several years to treat wrinkles

around the eyes, has been discovered by SCP to also have the same positive effect on upper lip wrinkles. A series of two to three monthly treatments is all that is required, with absolutely zero downtime. Your lips will look smoother, and less wrinkled, but without the annoying side effect of having them look over filled that so many woman worry about. All in less than fifteen minutes!

## Hot Topics

### • No Sweat...MiraDry Really Works!



The world of sweat has changed dramatically over the past 5 years. Led in large part by pioneering work at SCP, excessive sweating (hyperhidrosis) can be treated in numerous ways. Through our

Hyperhidrosis Program, SCP offers a full range of treatment options including prescription topical antiperspirants, oral medications, Botox injections, and Miradry treatments. In fact the very first MiraDry treatment in the world was performed at SCP. This amazing treatment is a long term cure for underarm sweat/odor, and has helped thousands of people around the world. We are dedicated to improving the quality of life for patients with hyperhidrosis, and continue to conduct research on the forefront of minimally invasive treatment procedures. If you are experiencing hyperhidrosis, please consider scheduling an appointment to discuss the treatment options best suited for you and your condition.

### • Lose The Fat...With CoolSculpting



Before

After

It seems like everyone wants to lose a few inches, but sometimes diet and exercise aren't enough, and procedures such as liposuction just aren't an option for many people.

The CoolSculpting program at SCP has been a highly successful method for helping patients shed those unwanted inches and attain the shape they desire. Now in its 5th year, CoolSculpting has proven to be a reliable, effective procedure, with extremely high patient satisfaction. The good news is that the procedure has become even more successful, and results continue to improve.

We are now able to achieve results that are comparable to liposuction using the *Treat-to-Transformation* program. This novel concept allows us to use a variety of new and innovative treatment applicators to custom fit the technology to an individual patient's unique shape. This significant advance in the technology allows us to specifically contour everyone's body, and achieve results that were previously unattainable.

Ask us how the new and improved CoolSculpting program can help you achieve the shape that you have been dreaming of. It is probably much easier than you can possibly imagine!

### • Cellulite Be Gone!



Stay tuned as SCP continues its trek towards finding the solution for cellulite. SCP performed much of the original scientific investigation that has led to the FDA approval of Cabochon, the most cutting edge cellulite treatment available to date. Cabochon should be available sometime in 2014. Another newcomer to the cellulite

field is Cellulaze, which uses laser based technology to smooth those unwanted cellulite ripples. SCP continues to push the envelope with cellulite care, and 2014 promises to be an exciting year in that evolution. Stay tuned!



## In The News

### • The AAAHC Seal Of Approval



Once again, SCP has received the highest recognition possible by the Accreditation Association for Ambulatory Health Care (AAAHC). We voluntarily go through a rigorous credentialing process every three years, with independent outside evaluators combing through every detail of our practice. The goal of AAAHC certification is to do everything we can to improve the safety and care that our patients receive, and the AAAHC evaluators were stunned by the quality at SCP. We received the highest evaluation rating possible, and the coveted three year approval that is reserved for only the finest practices in the United States. Congratulations to all of our team that helps to make SCP such a recognized world leader in dermatology care.

### • SCP Fellowships Receive National Approval

Each year, SCP trains three board certified dermatologists in the art of cosmetic, laser, and skin cancer surgery. Over the years, we have trained over forty-five fellows, who now practice throughout the United States and internationally. Because of this, SCP has long been recognized as the leader in post graduate education in this field.



Fittingly, SCP has received approval to be the first ever certified training program of the American Society for Dermatologic Surgery. Each of our three fellows is superbly trained, and will now receive the Seal of Approval from the ASDS that will help the rest of the world continue to recognize SkinCare Physicians as a leader in education.

### • SkinCare Physicians Hits The Road For Charity

Did you spot SkinCare Physicians out on the Boston-area roads this year? In the *Walk for Hunger*, the *Pan-Mass Challenge*, the *Boston Marathon*, the *Boston Making Strides Against Breast Cancer Walk*, and the *Santa Speedo Run*, we raised over \$12,000! Charities we walked, rode and ran for included *Project Bread*, the *Jimmy Fund*, the *Melanoma Foundation of New England*, the *American Cancer Society*, and the *Play Ball! Foundation*.

Keep informed about our charitable activities on our Facebook page (<https://www.facebook.com/SkinCarePhysicians>) and help us support these worthy causes.



## Did You Know?

### • The Skin Allergy Center At SkinCare Physicians



Do you feel like your skin has become more sensitive with time? Are there certain products that cause itching and a rash when you use them? The most common causes of allergic reactions are preservatives, fragrances, and sunscreen agents

found in everyday personal care products, and SCP has the most advanced technology to help find the culprit. Through the use of a special procedure called patch testing, our doctors can pinpoint the source of your allergy and help you avoid products that contain those irritating ingredients. We have significantly enhanced our capabilities when it comes to solving skin allergies. Come see what our experts can do for your skin.

### • SCP Welcomes Dr. Masterpol



SkinCare Physicians welcomes Kasia Masterpol, M.D. to our family. Dr. Masterpol is a well-respected, superbly skilled dermatologist who has been practicing in the Boston area for several years. We are delighted to have her join us, and as an added bonus she will be seeing patients on evenings and Saturdays, significantly expanding convenience and access for our patients. Please help us welcome her to SkinCare Physicians!

### • Here We Grow...Again!

SkinCare Physicians seems to have a thirst for expansion. 2013 saw the opening of our brand new dermatology suite, as well as a complete revamp and expansion of our first floor administrative areas. But wait



till you see what we plan next! Our Research Department continues to grow, largely because of the superb quality of scientific investigation that comes from SkinCare Physicians. The new research suite should open sometime in early 2014, followed by an even more ambitious plan that will significantly improve our patients' experience at SCP!

### • Boston Magazine Top Docs For 2013!



An astounding 9 doctors from SkinCare Physicians were named as *Boston Magazine's* Top Doctors in 2013. Nearly half of the top doctors in Dermatology practice at SCP, demonstrating that SkinCare Physicians provides some of the most comprehensive, highest level of care in the region. SkinCare Physicians has been recognized as the regional leader in Dermatology by *Boston Magazine* for over a decade, and we continue to strive to bring the best medical care to our patients each and every day.

## Our Mission

We strive to bring our experience and commitment to academic and clinical excellence to our practice through the latest in medical, surgical, cosmetic, and laser services. At SkinCare Physicians, we offer a broad range of treatments to our patients who have dermatologic, aesthetic, skin cancer, cutaneous, surgical or other medical or appearance-related concerns.

The mission of SkinCare Physicians is to deliver personalized service along with ethical, skilled, comprehensive care. Our renowned physicians offer a broad range of diagnostic and therapeutic procedures, providing patients with unparalleled service. This vision is the cornerstone of who we are and what we do.

## SkinCare Physicians and our Affiliations

We are proud to have formal academic and teaching relationships with many of the preeminent teaching institutions in New England. Our doctors are nationally and internationally recognized for their leadership, and nowhere is this more evident than in their impressive array of academic appointments at major universities. Our affiliations include:

Yale University | Harvard University | Dartmouth College | Boston University | Tufts University | Brown University



Dr. Kenneth  
Arndt



Dr. Jeffrey  
Dover



Dr. Michael  
Kaminer



Dr. Robin  
Travers



Dr. Thomas  
Rohrer



Dr. Jeffrey  
Sobell



Dr. Karen  
Kim



Dr. Brooke  
Sikora



Dr. Deanne  
Robinson



Dr. Tania  
Phillips



Dr. Katrinka  
Heher



Dr. Kay  
Kane



Dr. Kasia  
Masterpol



Kelly  
Collins, PA-C